

**SUGGESTED USE** Consume two capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.808.7311.**

**UNSURPASSED.**  
*Purity. Quality. Integrity. Effectiveness.*

  
Andrew Lessman  
Founder of PROCAPS LABS

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# BREAST HEALTH™

**PHYTONUTRIENT ANTI-OXIDANTS**  
**INDOLE-3-CARBINOL • SULFORAPHANE**



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360 Easy-to-Swallow Capsules

**Andrew Lessman's BREAST HEALTH** is designed to support the health of the delicate tissues of a woman's breast at all stages of life. This formula incorporates natural components that target breast tissue, along with powerful anti-oxidants that help to support these delicate cells. Indole-3-Carbinol is a major constituent of cruciferous vegetables that has been shown to support and maintain the health of the breast, and may also help to maintain normal estrogen activity. Sulforaphane, another constituent of cruciferous vegetables, works by supporting and stimulating the body's production of its own powerful anti-oxidants, such as Glutathione. No breast health formula would be complete without the beneficial properties of a concentrated, standardized extract of Green Tea, with powerful anti-oxidants called polyphenols to support the health of a woman's breast, or Lutein and Lycopene, two powerful anti-oxidant carotenoids of particular importance to women since they are concentrated in specific tissues in the body. Additional free radical scavenging benefits are delivered by high levels of Grape Seed extract and Turmeric, powerful anti-oxidants that support the health of the breast. This unique combination of standardized ingredients delivers an unprecedented formula that supports the health of the delicate and fragile tissues of a woman's breast.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additive.

**CONTAINS NO ADDITIVES OF ANY KIND.**

## Supplement Facts

Serving Size 2 Capsules	Servings Per Container 180	
Amount Per Serving	%DV*	
Vitamin C (as calcium ascorbate)	100 mg	167%
Vitamin D3 (as cholecalciferol)	80 IU	20%
Folic Acid	80 mcg	20%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Calcium (as calcium ascorbate/carbonate)	63 mg	6%
Green Tea, extract (leaf) standardized to 98% polyphenols	300 mg	†
Epigallocatechin Gallate (EGCG) (from standardized Green Tea Leaf Extract)	150 mg	†
Indole-3-Carbinol	150 mg	†
Broccoli, extract (sprout) standardized to 1.2% sulforaphane glucosinolate	50 mg	†
Grape, extract (seed) standardized to 90% polyphenols	40 mg	†
Turmeric, extract (root) standardized to 95% curcuminoids	40 mg	†
Lutein	3 mg	†
Lycopene	3 mg	†
Zeaxanthin	150 mcg	†

\* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin capsule, Proprietary Protective B12 Matrix.