

SUGGESTED USE: 1 capsule 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Reduce dose if drowsiness occurs. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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CHIA SEED

CONCENTRATED CHIA SEED OIL EXTRACT

Organic-Non-GMO

✓ **SUPPORT HEALTHY WEIGHT LOSS**

✓ **OMEGA SUPERFOOD**

✓ **AMAZING SOURCE OF ENERGY AND FIBER**

60 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 1 Liquid Capsule

Amount Per Serving

	Amount	% Daily Value
Chia Seed Extract	500 mg	*
(Providing 85-95% Total Fatty Acids, including a minimum of 58% Omega-3 Alpha Linoelic Acid, 17% Omega-6 Linoleic acid, 6% Palmitic acid, 6% Omega-9 Oleic Acid and 3% Stearic Acid)		

*Daily Value not established.

Other ingredients: Gelatin (bovine), astaxanthin, spice extract, non-GMO tocopherols, ascorbyl palmitate and citric acid.

Non-GMO Formula!

KEEP OUT OF REACH OF CHILDREN DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.