SUGGESTED USE :

1 capsule with 8 ounces of water on an empty stromarh at haritime or as directed by a healthcare professional. For hest results, avoid eating 2 hours before and after use.

CALITION .

Do not exceed recommended dose. Pregnant or numing mothers children under individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, spy, wheat, egg, peanuts, tree nuts, fish and









SLEEP, GROW & BUILD

Supplement Facts Serving Size 1 Capsule

Amount Per Serving

L-Glutamine (L-glutamine hd Omithine Alphaketodutarati

Other Ingredients: Gelatin, vegetable magnesium stearate SEAL IS RECKEN OR DAMAGED