

**SUGGESTED USE:** For adults, take two (2) capsules daily before a meal. If necessary, three (3) capsules a day may be taken.

**CAUTION:** Pregnant or lactating women should consult a doctor before using any product. Consult doctor before use if you are taking ANY PRESCRIPTION MEDICATIONS. Discontinue use and consult your doctor if any adverse reactions occur, including gastrointestinal discomfort. NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.

**CONTAINS NO:** Artificial coloring, artificial flavor, preservatives, yeast, corn, milk or milk derivatives, lactose, salt, sodium, soy, sugar, gluten, starch or wheat.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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# Leg Cramp Relief

Relieves Muscle  
Cramps and  
Spasms

Legs  
Calves  
Feet  
Toes  
Fingers

**90**  
CAPSULES

## Supplement Facts

Serving Size: 2 Capsules

| Amount Per Serving                                                                  | %Daily Value |
|-------------------------------------------------------------------------------------|--------------|
| Magnesium<br>(as Magnesium Oxide,<br>Magnesium Citrate and Magnesium Aspartate)     | 400 mg 100%  |
| Potassium<br>(as Potassium Gluconate,<br>Potassium Aspartate and Potassium Citrate) | 99 mg 3%     |
| Butchers Broom (root) ( <i>Ruscus aculeatus</i> )                                   | 250 mg *     |
| Horse Chesnuts (whole) ( <i>Aesculus hippocastanum</i> )                            | 150 mg *     |

\* Daily Value not Established

Other ingredients: Gelatin, Rice Powder.

**WARNING:** STORE IN A COOL, DRY PLACE. KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF OUTER SEAL IS BROKEN OR DAMAGED.