

SUGGESTED USE: ONE TABLET DAILY. CAN BE TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH.

Certified Gluten-Free by NSF; 100% vegan; no artificial flavors or colors.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary supplement, advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare professional prior to using this product. **Keep out of reach of children.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.

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**NEW
CHAPTER®**

EST. 1982

**FERMENTED
VITAMIN B COMPLEX**

FORMULATED FOR ABSORPTION

Cellular Energy, Beauty & Brain Support*

100% VEGAN
90
TABLETS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving

		%DV
Thiamin (as thiamine hydrochloride from ferment media)	1.2 mg	100%
Riboflavin (from ferment media)	1.3 mg	100%
Niacin (as niacinamide from ferment media)	16 mg	100%
Vitamin B6 (as pyridoxine hydrochloride from ferment media)	3.4 mg	200%
Folate (as methylfolate)	400 mcg DFE	100%
Vitamin B12 (7.2 mcg as cyanocobalamin from ferment media and 4.8 mcg methylcobalamin)	12 mcg	500%
Biotin (from ferment media)	30 mcg	100%
Pantothenic Acid (as calcium D-pantothenate from ferment media)	5 mg	100%
Energy and Digestion Support Blend (from ferment media) Organic Maca (root), Organic Schizandra (fruit), Organic Cardamom (fruit)	75 mg	*

* Daily Value (DV) not established

Other ingredients: Organic gum acacia, organic brown rice, ferment media (organic soy flour, organic *Saccharomyces cerevisiae*, organic orange peel powder, papain [deactivated], bromelain [deactivated] and lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Lactobacillus rhamnosus*]), silica and organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil and organic guar gum).

Contains: Fermented soy.

Distributed by New Chapter, Inc., 90 Technology Drive, Brattleboro, VT 05301 USA

For questions or comments call 888-874-4461

Certified Organic by Where Food Comes From Organic, Castle Rock, CO, USA

Manufactured in the US from Globally Sourced Ingredients