

SUGGESTED USE: Mix 2 scoops (34.9 grams) of GlycemaCORE with 8-10 ounces of the beverage of your choice to the desired thickness, once daily or as recommended by your health care professional. **CAUTION:** GlycemaCORE contains a high amount of soluble fiber and pre-biotic nutrients. Some individuals may experience increased gas discomfort for the first 3-5 days of use until bowel micro-flora have adjusted to the fiber intake. To reduce this effect, use ½ of the recommended dose for the first 3-5 days. Increase to full dose once you have become accustomed to the product. **CAUTION:** Because Glucomannan is a bulk-forming fiber, the drink becomes viscous within 20 minutes of its preparation. Without drinking enough liquid, the product may swell in the throat, causing blockage or choking. Avoid use if you have ever had esophageal narrowing or swallowing difficulties. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. **CAUTION:** This product contains a desiccant. For best results, keep the desiccant in the bottle until all contents are consumed. **DO NOT EAT DESICCANT. KEEP CONTAINER TIGHTLY CLOSED. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN.** This product was sealed for your protection. Do not use if outer logoed neck seal or inner-seal is missing or damaged. GlycemaCORE is a powerful dietary supplement designed to provide targeted nutrients to enhance carbohydrate metabolism, support healthy blood sugar levels, maintain healthy cholesterol levels already within the normal range, and optimize weight control.* As with all dietary supplements, GlycemaCORE is designed to supplement a healthy diet and should not be the only source of daily nutrition. GlycemaCORE is not a meal replacement and is not suitable for infants or those who are severely immunocompromised.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product #922934
Label ID L-OMP100-922934-Q

Sunfiber®

*ChromMate® brand niacin-bound chromium.
ChromMate® is a registered trademark of InterHealth N.I.
Sunfiber® is a registered trademark of Taiyo International, Inc.

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DO NOT ACCEPT IF LABEL SHOWS SIGNS OF TAMPERING



GlycemaCORE

Creamy Vanilla



Net Wt. 1 lb 1.2 oz
(17.2 oz) (488.6 g)
Dietary Supplement

Supplement Facts

Serving Size 2 Scoops (34.9 Grams)
Servings Per Container About 14

	Amount Per Serving	% Daily Value
Calories	150	
Total Fat	3.5 g	4%*
Saturated Fat	0.5 g	3%*
Total Carbohydrate	16 g	6%*
Dietary Fiber	13 g	46%*
Total Sugars	1 g	**
Protein	10 g	20%*
Calcium	90 mg	7%
Iron	1 mg	6%
Chromium (as O-polynicotinate)†	400 mcg	1,143%
Sodium	50 mg	2%
Potassium	60 mg	1%
Proprietary Blend	30.3 g	
Rice Protein		**
Flaxseed Flour		**
Guar Gum Fiber (Sunfiber®)		**
Inulin		**
Gum Arabic (Acacia senegal)		**
Glucomannan (Amorphophallus konjac) (Root)		**
Alpha Linolenic Acid (from Flaxseed Flour)	1.3 g	**
Alpha Lipoic Acid	100 mg	**
Vanadyl Sulfate	5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Natural Flavors, Silicon Dioxide, Ascorbyl Palmitate, Guar Gum, Rebudioside A (Organic) and Xanthan Gum.

Typical Amino Acid Profile Per Serving

Alanine	625 mg
Arginine	1,085 mg
Aspartic acid	1,130 mg
Cysteine	185 mg
Glutamic acid	2,150 mg
Glycine	535 mg
Histidine	285 mg
Isoleucine	625 mg
Leucine	1,175 mg
Lysine	450 mg
Methionine	350 mg
Phenylalanine	850 mg
Proline	475 mg
Serine	675 mg
Threonine	475 mg
Tryptophan	100 mg
Tyrosine	635 mg
Valine	675 mg

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