

**SUGGESTED USE:**  
SIX TABLETS DAILY WITH FOOD.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Please refer to [newchapter.com](http://newchapter.com) for more information about this product and its benefits.

**Caution:** As with any dietary supplement, you should advise your healthcare professional of the use of this product. If you are nursing, pregnant, or considering pregnancy, or having any surgery planned, you should consult your healthcare professional prior to using this product. Do not take if on blood therapy or thinners such as warfarin. Discontinue use and contact your healthcare professional if you experience a side effect or an allergic reaction. **Keep out of reach of children.**

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**THE NEW CHAPTER® MONEY-BACK GUARANTEE**

We proudly stand behind every product we make. However, if you are not satisfied, please visit [www.newchapter.com/guarantee](http://www.newchapter.com/guarantee) for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.  
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# NEW CHAPTER®

EST. 1982

## PLANT CALCIUM BONE STRENGTH TAKE CARE™ | TINY TABS™

**FORMULATED FOR ABSORPTION**

Strong, Healthy Bones\*

VEGETARIAN  
240  
TINY TABLETS



DIETARY SUPPLEMENT

# Supplement Facts

Serving size 6 Tablets  
Servings per container 40

Amount per serving		%DV
Vitamin D3 (as cholecalciferol from ferment media)	25 mcg (1000 IU)	125%
Vitamin K1 (as phylloquinone from ferment media)	35 mcg	29%
Vitamin K2 (as menaquinone-7)	45 mcg	*
Calcium (from organic algae <i>Lithothamnion</i> [ <i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i> ])	905 mg	70%
Magnesium (from organic algae <i>Lithothamnion</i> [ <i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i> ])	62 mg	15%
Strontium (from organic algae <i>Lithothamnion</i> [ <i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i> ])	5.5 mg	*
Silica (from organic algae <i>Lithothamnion</i> [ <i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i> ])	2 mg	*
Vanadium (from organic algae <i>Lithothamnion</i> [ <i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i> ])	14 mcg	*

\* Daily Value (DV) not established

**Other ingredients:** Organic barley grass powder, organic gum acacia, fermenti media (organic soy flour, organic *Saccharomyces cerevisiae*, organic alfalfa powder, papain [deactivated], bromelain [deactivated], lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Lactobacillus rhamnosus*]), organic coating (organic maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum) and silica.

**Contains: Fermented soy.**

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