How To Use

As a dietary supplement, take one (1) to two (2) capsules before each meal.

CAUTION

Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers or children under the age of 18. If you are diabetic, or have a known medical condition, consult your physician prior to taking this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





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Supplement Facts

Serving Size 1 Capsule

Amount Per Serving Amount % Daily Value

Cinnamon Bark Powder 400 mg * Cinnamon Bark Extract

(providing 4% essential oils) 100 mg *

*%Daily Value not established.

Other Ingredients: Gelatin, Magnesium Stearate, and Stearic Acid

WARNING: ALLERGEN WARNING: CONTAINS SOY (LECITHIN) STORE IN A COOL, DRY PLACE, KEEP OUT OF THE REACH OF CHILDREN, DO NOT USE IF OUTER SEAL IS BROKEN OR DAMAGED.