

**SUGGESTED USE** Consume one or more capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

**QUESTIONS?  
RE-ORDERS?  
CALL 800.800.1200  
www.PROCAPSLABS.com**



**430 Parkson Road  
Henderson, NV 89011**

# HIGH POTENCY B-COMPLEX

WITH PROTECTED B12

COMPLETE HIGH POTENCY B-COMPLEX  
UNIQUELY PROTECTED VITAMIN B12





360 Easy-to-Swallow Capsules

**Andrew Lessman's HIGH POTENCY B-COMPLEX** is a high potency blend of all the B-Complex vitamins, including ultra-high levels of our protected Vitamin B12. The B-Complex vitamins must work together to sustain all metabolic processes from energy production and fat metabolism to healthy cell growth and tissue repair. Without B-vitamins, life is impossible and with the typically low levels found in America, our systems struggle to produce the energy needed to grow, repair and detoxify our vital tissues. Just as a chain is only as strong as its weakest link, a quality formula must provide all B-vitamins in usable forms, yet sadly, the B12 in typical vitamins is totally useless and unabsorbable. However, the unique B12 in this formula is specially protected to ensure its all-important benefits. It has been long established that the levels of our vital B-Vitamins are challenged by countless factors, such as aging, stress, illness, smoking, medications, alcohol and even exercise. Fortunately, our **High Potency B-Complex** provides a convenient affordable source of all the B-Complex vitamins, including our unique B12 in a small, easy-to-swallow capsule that is gentle even to sensitive stomachs.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens or manufacturing additive.

**CONTAINS NO ADDITIVES OF ANY KIND.**

Supplement Facts		
Serving Size 1 Capsule		Servings Per Container 360
Amount Per Serving		%DV*
Vitamin B1 (as thiamin hydrochloride)	50 mg	3333%
Vitamin B2 (as riboflavin)	50 mg	2941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	250 mcg	4167%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
* %DV based on 2,000 calorie diet. † DV not established.		

Other Ingredients: Gelatin capsule, Proprietary Protective B12 Matrix.