

#1 PHARMACIST RECOMMENDED

VITAMIN P  
SUPPLEMENT  
BRAND

**Nature Made**

# Fish Oil

1000 mg (300 mg Omega-3)



VALUE SIZE

Purified to  
remove mercury<sup>†</sup>

250 SOFTGELS

Helps support  
a healthy heart<sup>†</sup>

Dietary Supplement

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 125

Amount Per Serving	% Daily Value
Calories 20	
Total Fat 2 g	3%**
Polyunsaturated Fat 0.5 g	
Cholesterol 20 mg	7%
Total Carbohydrate less than 1 g	<1%**
Protein less than 1 g	
Fish Oil 2000 mg	*
Total Omega-3 Fatty Acids 600 mg	*
Omega-3 EPA and DHA 500 mg	*
Omega-3 Other 100 mg	*

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

### OTHER INGREDIENTS:

Gelatin, Glycerin, Water, Tocopherols.

### DISTRIBUTED BY:

**Nature Made Nutritional Products**  
West Hills, CA 91309-9903, USA  
1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Fish Oil Country of Origin: Peru.

Encapsulated and quality tested in the USA.

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)

Nature Made Fish Oil supply comes from wild caught ocean fish, not farm raised.

\*Based on a survey of pharmacists who recommend branded vitamins and supplements.

†Purified to remove PCBs, dioxins and furans, and mercury to assure levels below 0.005 ppm, 2 ppt (WHO) TEQs, and 0.1 ppm respectively.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content).

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

### SUGGESTED USE:

Adults, take 2 softgels daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

**CAUTION:** If you are pregnant, nursing, taking medications, or have blood clotting issues, consult your physician before use.

Lot: Exp: