

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 3 capsules, 1-2 times daily, with meals.

Warning: Not to be taken by pregnant or lactating women. Vitamin K may be contraindicated with Coumadin (Warfarin). If you have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.



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supplements

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in order to accommodate
required labeling. Please rely
on stated quantity.



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+CAL+[®]
with Ipriflavone

Comprehensive bone support[‡]

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& Hypoallergenic
Dietary Supplement

351 CAPSULES

Supplement Facts

Serving Size 3 capsules
Servings per container 117

	Amount Per Serving	%DV
Vitamin D (as cholecalciferol) (D ₃)	10.7 mcg (428 IU)	54%
Vitamin K (as vitamin K ₁)	184 mcg	153%
Calcium (as calcium citrate/malate)	400 mg	31%
Magnesium (as magnesium aspartate)	49 mg	12%
Zinc (as zinc picolinate)	12 mg	109%
Copper (as copper glycinate)	1 mg	111%
Manganese (as manganese aspartate)	2.1 mg	91%
Vitamin K ₂ (as menaquinone-7)	30 mcg	*
Boron (as boron glycinate)	0.85 mg	*
Ipriflavone	214 mg	*
Silica (from bamboo)	9 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

[‡]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.