

**STORE IN A COOL, DRY PLACE.
SHAKE WELL BEFORE USE.**

Recommendations: As a dietary supplement, take 1 bottle 30–60 minutes before bedtime.

Warning: Consult a health professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

Keep out of the reach of children.



Scan to learn about our
hypoallergenic supplements



Certified Gluten-Free by the Gluten-Free Certification Organization,
www.gluten.org

Use only if safety seal is intact.
Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



Sleep Solution

(single dose liquid)

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

1 bottle (58 ml/1.96 fl oz)

Supplement Facts

Serving size 1 bottle (58 ml/1.96 fl oz)
Servings per container 1

	Amount Per Serving	%DV
Magnesium (as magnesium citrate)	145 mg	35%
Glycine (free-form)	3 g	*
Suntheanine® L-theanine	100 mg	*
Melatonin	2 mg	*

* Daily value (DV) not established

Other ingredients: purified water, xylitol, citric acid, natural raspberry, lemonade and other natural flavors, potassium sorbate, purified stevia leaf extract

Suntheanine® is a registered trademark of Taiyo International, Inc.

manufactured for: **Pure Encapsulations**
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