

## STORE IN A COOL, DRY PLACE.

**Recommendations:** As a dietary supplement, take 3 capsules, 1-2 times daily, with meals.

**Warning:** Take with food. If you have liver problems, consult your health professional before use. Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.

<sup>†</sup>Provides weight management support as part of a healthy lifestyle with a reduced calorie diet and regular exercise.

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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hypoallergenic supplements



Certified Gluten-Free by the  
Gluten-Free Certification  
Organization,  
[www.gluten.org](http://www.gluten.org)



Use only if safety seal  
is intact.

Contents may not fill package in order  
to accommodate required labeling.  
Please rely on stated quantity.



# PureLean<sup>®</sup> Nutrients

Multivitamin/mineral formula for  
healthy weight management<sup>††</sup>

Gluten-free, Non-GMO  
& Hypoallergenic

Dietary Supplement  
180 CAPSULES

## Supplement Facts

Serving size 3 capsules  
Servings per container 60

|                                                                                                          | Amount Per Serving               | %DV     |
|----------------------------------------------------------------------------------------------------------|----------------------------------|---------|
| Vitamin A (as beta carotene)                                                                             | 1,125 mcg                        | 125%    |
| Vitamin C (as ascorbic acid)                                                                             | 250 mg                           | 278%    |
| Vitamin D (as cholecalciferol) (D <sub>3</sub> )                                                         | 25 mcg (1,000 IU)                | 125%    |
| Vitamin E (as d-alpha tocopherol succinate)                                                              | 34 mg                            | 223%    |
| Vitamin K (as vitamin K <sub>1</sub> )                                                                   | 50 mcg                           | 42%     |
| Thiamin (as thiamin HCl) (B <sub>1</sub> )                                                               | 12.5 mg                          | 1,042%  |
| Riboflavin (as vitamin B <sub>2</sub> and<br>28% riboflavin 5' phosphate (activated B <sub>2</sub> ))    | 17.35 mg                         | 1,335%  |
| Niacin (as niacin and 67% niacinamide)                                                                   | 37.5 mg                          | 234%    |
| Vitamin B <sub>6</sub> (as pyridoxine HCl and<br>40% pyridoxal 5' phosphate (activated B <sub>6</sub> )) | 10.4 mg                          | 612%    |
| Folate (as Metafolin <sup>®</sup> , L5-MTHF)                                                             | 667 mcg DFE<br>(400 mcg L5-MTHF) | 167%    |
| Vitamin B <sub>12</sub> (as methylcobalamin)                                                             | 250 mcg                          | 10,417% |
| Biotin                                                                                                   | 1,500 mcg                        | 5,000%  |
| Pantothenic acid (as calcium pantothenate) (B <sub>5</sub> )                                             | 25 mg                            | 500%    |
| Choline (as choline bitartrate)                                                                          | 20 mg                            | 4%      |
| Calcium (as calcium citrate)                                                                             | 75 mg                            | 6%      |
| Iodine (as potassium iodide)                                                                             | 100 mcg                          | 67%     |
| Magnesium (as magnesium citrate)                                                                         | 75 mg                            | 18%     |
| Zinc (as zinc citrate)                                                                                   | 7.5 mg                           | 68%     |
| Selenium (as selenomethionine)                                                                           | 35 mcg                           | 64%     |
| Copper (as copper glycinate)                                                                             | 1 mg                             | 111%    |
| Manganese (as manganese citrate)                                                                         | 1 mg                             | 43%     |
| Chromium (as chromium polynicotinate)                                                                    | 200 mcg                          | 571%    |
| Potassium (as potassium citrate)                                                                         | 50 mg                            | 1%      |
| Boron (as boron glycinate)                                                                               | 1 mg                             | *       |
| Vanadium (as bis-glycinato oxo vanadium)                                                                 | 50 mcg                           | *       |
| Inositol                                                                                                 | 62 mg                            | *       |
| Proprietary mixed carotenoid blend<br>(as lutein, lycopene, zeaxanthin)                                  | 212 mcg                          | *       |
| <b>MacularSynergy Complex<sup>†</sup></b>                                                                |                                  |         |
| FloraGLO <sup>®</sup> lutein                                                                             | 3 mg                             | *       |
| Zeaxanthin                                                                                               | 500 mcg                          | *       |
| <b>Metabolic GlycoPlex<sup>†</sup></b>                                                                   |                                  |         |
| Alpha lipoic acid (thioctic acid)                                                                        | 150 mg                           | *       |
| Cinnamon (Cinnamomum cassia) extract (dried bark)                                                        | 50 mg                            | *       |
| L-Carnosine (beta-alanyl-L-histidine)                                                                    | 25 mg                            | *       |
| <b>Metabolic LipidPlex<sup>†</sup></b>                                                                   |                                  |         |
| Taurine (free-form)                                                                                      | 150 mg                           | *       |
| Green tea (Camellia sinensis) extract (leaf)<br>(providing 23% epigallocatechin gallate (EGCG))          | 50 mg                            | *       |
| Pterostilbene                                                                                            | 20 mg                            | *       |

\* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate

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**FloraGLO<sup>®</sup>** LUTEIN

\*FloraGLO is a registered trademark of Kemira Industries, Inc.

Zeaxanthin is sourced from OPTISHARP<sup>®</sup> brand. OPTISHARP<sup>®</sup> is a trademark of DSM.

manufactured by: **Pure Encapsulations**

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