



LOVE AND PEAS

A Blend of Pea Protein and Nourishing Whole Foods



- 20 Grams Protein Per Serving ●
- Antioxidant Blend ● Balanced Amino Acid Profile ●
- Free from: Common Allergens, Dairy, Lactose, Gluten ●

Protein-Rich Meal Replacement

Net Wt. 1 lb. 8 oz. (675 grams)



Stock No. 3082-9

Distributed Exclusively by:

NATURE'S SUNSHINE PRODUCTS, INC.
Spanish Fork, Utah 84660 1-800-223-8225
www.naturessunshine.com ©2010

We simply could not resist calling this blend of healthful goodness **Love and Peas**. You will love the whole foodstuffs blended with a full 20 grams of Pea Protein in this meal replacement mix.*

Do not let the playful name distract you. This product is free from common allergens, dairy-free, lactose-free and gluten-free ... and it tastes great! It proudly qualifies for the stringent Vegan Certified mark.



Love and Peas is an alternative for those seeking an allergen-free protein source and its alkalizing properties and low glycemic index are appealing to those who prefer a low-sugar diet.*

Love and Peas provides 20 grams of pea protein isolate (from yellow peas), 1 gram prebiotic fiber (short chain fructooligosaccharides) and 5 grams total fiber per serving in a blend of naturally occurring amino acids, antioxidants, vitamins and minerals, plus beneficial fats from flax seed and borage oil.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Recommendation: Mix two level scoops (45 g) of **Love and Peas** powder with approximately 12-16 ounces of cold water, or mix to taste. Best when mixed in NSP Power Shaker.

This bag has been sealed for your protection. Do not use if the seal is open or is damaged. The weight stated on this bag is correct; product settles during shipping. Nature's Sunshine uses natural source materials in its products that are subject to color variation.

©2010 Nature's Sunshine Products, Inc.

Product of U.S.A.



LOVE AND PEAS

A Blend of Pea Protein and Nourishing Whole Foods

Nutrition Facts

Serving Size 2 Level Scoops (45g)
Servings Per Bag 15

Amount Per Serving	% Daily Value*
Calories 180	
Calories from Fat 25	
Total Fat 3 g	5%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Polyunsaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 150 mg	6%
Potassium 95 mg	3%
Total Carbohydrate 16 g	5%
Dietary Fiber 3 g	11%
Soluble Fiber 2 g	
Insoluble Fiber 0 g	
Sugars 9 g	
Other Carbohydrates 2 g	
Protein 20 g	
Vitamin A 75%	• Calcium 2%
Vitamin D 75%	• Iron 0%
Riboflavin 75%	• Thiamine 75%
Vitamin B ₆ 75%	• Niacin 75%
Vitamin B ₁₂ 75%	• Folate 75%
Pantothenic Acid 75%	• Biotin 75%
Zinc 75%	• Iodine 75%
Copper 75%	• Selenium 75%
Chromium 75%	• Manganese 75%
Vitamin C 75%	• Molybdenum 75%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:			
Fat 9	•	Carbohydrate 4	• Protein 4

INGREDIENTS: Protein Matrix (Pea Protein Isolate [from split yellow peas], Rice Protein [from brown rice], Adzuki Bean Powder, Black Bean Powder, Garbanzo Bean Flakes), Fructose, Sunflower Oil, Soluble Dietary Vegetable Fiber, Natural Flavors, Medium Chain Triglycerides, Short Chain Fructooligosaccharides (scFOS), Salt, Flax Seed, Potassium Citrate, Sodium Citrate, Xanthan Gum, Guar Gum, Carrageenan (Irish moss extract), Pea Fiber, Bamboo Fiber, Stevia (sweetener), Rice Bran, Rice Germ, Mono and Diglycerides, Plant Enzyme Blend, Beta Glucans, Calcium Phosphate, Blueberry Powder, Cranberry Powder, Broccoli Powder, Carrot Powder, Grape Skin Extract, Grape Seed Extract, Pomegranate Powder, Ascorbic Acid, Borage Oil, Sodium Selenate, Biotin, Niacin, Vitamin A Palmitate, Zinc Oxide, Copper Gluconate, Calcium D-Pantothenate, Manganese Sulfate, Folic Acid, Vitamin D, Potassium Iodide, Pyridoxine Hydrochloride (Vitamin B₆), Riboflavin, Thiamine Hydrochloride (Vitamin B₁), Sodium Molybdate, Lo Han Extract, Cyanocobalamin (Vitamin B₁₂), Chromium Chloride.

Scoop Included

