

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 2 capsules, 1-4 times daily, with meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



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our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.



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Dietary Supplement

250 CAPSULES

Supplement Facts

Serving size 2 capsules
Servings per container 125

Amount Per Serving	%DV
Methylsulfonylmethane (MSM)	1,700 mg *

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water)

OptiMSM[®] is a registered trademark of Bergstrom Nutrition.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**
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code: **MSM2**