

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, 30-60 minutes before bedtime.

Warning: See side panel.

Keep out of the reach of children.



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supplements



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Use only if safety
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Contents may not fill
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accommodate required
labeling. Please rely on
stated quantity.



pure
encapsulations[®]

Melatonin

20 mg

*Promotes healthy cells and tissues**

**Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement**
180 CAPSULES

Supplement Facts

Serving size 1 capsule
Servings per container 180

	Amount Per Serving	%DV
Melatonin	20 mg	*

* Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose),
vegetarian capsule (cellulose, water)

WARNING: This product is not intended for sleep support. Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**
490 Boston Post Road, Sudbury, MA
1-800-753-2277 www.PureEncapsulations.com

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code: **ME21**