

**STORE IN A COOL, DRY PLACE.**

**Recommendations:** As a dietary supplement, take 1 capsule daily, with a meal, or as directed by a health professional.

**Warning:** See side panel.

**Keep out of the reach of children.**



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Certified Gluten-Free by the Gluten-Free Certification Organization, [www.gluten.org](http://www.gluten.org)



**pure**  
**encapsulations**<sup>®</sup>

Lithium  
(orotate)  
5 mg

*Supports emotional wellness,  
mood and behavior\**

Gluten-free, Non-GMO  
& Hypoallergenic

**Dietary Supplement**

**90 CAPSULES**

## Supplement Facts

Serving size 1 capsule  
Servings per container 90

	Amount Per Serving	%DV
Lithium (as lithium orotate)	5 mg	*
N-Acetyl-L-Cysteine (free-form)	200 mg	*

\* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate, hypoallergenic plant fiber (cellulose)

**WARNING:** Not to be taken by pregnant and lactating women. Consult your health professional before using this product. Not to be taken in conjunction with antidepressants unless advised by a health professional. Individuals with bipolar disorder and depression must be monitored closely by a health professional if taking this supplement. It is recommended that individuals taking this supplement have lithium levels and kidney function monitored regularly. Do not exceed the dose recommended by your health professional.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**  
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code: **LI9**