

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal, or as directed by a health professional.

Warning: Not to be taken by pregnant or lactating women. Consult your health professional before using this product. Not to be taken in conjunction with antidepressants unless advised by a health professional. Individuals with bipolar disorder or depression must be monitored closely by a health professional if taking this supplement. It is recommended that individuals taking this supplement have lithium levels and kidney function monitored regularly. Do not exceed the dose recommended by your health professional.

Keep out of the reach of children.



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hypoallergenic supplements



Use only if safety seal is intact.
Contents may not fill package in order to
accommodate required labeling. Please rely
on stated quantity.

Certified Gluten-Free by the
Gluten-Free Certification
Organization,
www.gluten.org



Lithium
(orotate)
1 mg

*Supports emotional wellness,
mood, and behavior**

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

90 CAPSULES

Supplement Facts

Serving size 1 capsule
Servings per container 90

	Amount Per Serving	%DV
Lithium (as lithium orotate)	1 mg	*
* Daily value (DV) not established		

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**
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V2
code: **L119**