

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

Warning: See side panel.

Keep out of the reach of children.



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org



Iron-C

*Supports red blood cell function and energy production**

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement
60 CAPSULES

Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	175 mg	194%
Iron (as iron glycinate and 50% as iron aspartate)	15 mg	83%
% Daily value (DV)		

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**