

Earth Broth™ is a one-of-a-kind superfood complex for deep nourishment and adaptogenic immune support. The perfect companion product to Vitamineral Green™, Earth™ is warming, grounding, and savory. This unique formula is loaded with nutrient-dense roots like astragalus, burdock, yacon, and ashwagandha and immune-supporting reishi, shiitake, and maitake mushroom extracts. Earth also contains a diverse mix of beneficial herbs, including slippery elm bark, red clover, kelp, blessed thistle, and sheep sorrel. This is the only herbal superfood complex of its kind. Try mixing Earth with herbal tea, miso broth, or veggie soup. Earth can also be consumed raw sprinkled on foods, mixed with salad dressings, or added to smoothies.

SUGGESTED USE: Start with 1 teaspoon per day and increase gradually over two weeks to suggested use of 1 tablespoon per day, or as advised by a qualified health care professional. Refrigerate after opening. Consume with conscious, positive intent.

HealthForce SuperFoods® is a grassroots, independently owned and operated whole food botanical company. We offer a diverse and truly effective product line inspired by the incredible symbiotic power of plants. Our mission is fueled by a passion for purity and heart-centered collaboration, with a strong foundation of service and integrity. We are proud to offer clean, ethically produced products designed to help you thrive in a modern world.

"I WISH YOU GREAT HEALTH AND HAPPINESS ALWAYS!"

Dr. Jameth Sheridan — Naturopath and Hard-Core Herbal Medicine Researcher



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HEALTHFORCE SUPERFOODS®

EARTH BROTH™

- Roots
- Seeds
- Adaptogens
- Mushrooms
- Herbs



Perfect Companion to Vitamineral Green™

Version 5

**GROUNDING • WARMING • NOURISHING
COMPREHENSIVE PLANT SOURCED BROTH**



**Net Wt 16 oz
(454g)**

Supplement Facts

Serving Size: 1 Tablespoon (5g)

Servings per Container: about 91

Amount Per Serving	% DV
Calories	20
Total Carbohydrate	3 g 1%*
Dietary Fiber	2 g 6%*
Protein	1 g
Vitamin D	0.4 mcg 2%
Calcium	30 mg 3%
Iron	1.6 mg 9%
Iodine	9 mcg 6%
Sodium	55 mg 2%
Potassium	60 mg 1%

Earth Roots Complex 1,650 mg

• Astragalus Root(00) • Ashwagandha Root(00) • Burdock Root(00) • Yacon Root(00) • Dandelion Root Extract(00) • Ginger Root(00)

Earth Seeds 1,375 mg

• Flax Seed(00) • Chia Seed(00) • Milk Thistle Seed Extract(00)

Earth Herbal Broth 1,800 mg

• Chickpea Miso (Org. Handmade Rice Koji, Org. Whole Chickpeas, Sun-Dried Sea Salt, Blue Ridge Mtn. Well Water, Koji Spores)(00) • Chili Pepper Fruit & Seed(00) • Red Clover Flower(00) • Slippery Elm Bark (sustainably sourced)(00) • Paprika Fruit(00) • Kelp Leaf(00) • Blessed Thistle Herb (Aerial Parts)(00) • Sheep Sorrel Herb (Whole Herb)(00) • Sage Leaf(00) • Cinnamon Bark(00)

MycoForce™ 175 mg

• Red Reishi Mushroom Extract (Fruiting Body)(00) • Shiitake Mushroom Extract (Fruiting Body)(00) • Maitake Mushroom Extract (Fruiting Body)(00)

* Percent Daily Values are based on a 2,000 calorie diet

† Daily Value not established

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MANUFACTURED BY:
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WWW.HEALTHFORCESUPERFOODS.COM
CERTIFIED ORGANIC BY OREGON TILTH

Refrigeration is recommended after opening

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