KEEP REFRIGERATED

Recommendations: As a dietary supplement, take 1 capsule, 1-2 times daily, with meals.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Use only if safety seal is intact.
Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org

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pure encapsulations®

Indole-3-Carbinol
400 mg

Supports cellular health‡

Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement

60 CAPSULES

Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	%DV
Indole-3-carbinol	400 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose)

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
490 Boston Post Road, Sudbury, MA
1-800-753-2277 www.PureEncapsulations.com

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