

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 3 capsules daily, between meals, or as directed by a health professional.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



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Certified Gluten-Free by the Gluten-Free Certification Organization,
www.gluten.org



pure
encapsulations[®]

HM Complex

*Supports natural detoxification response for common,
mild environmental exposure to heavy metals[†]*

**Gluten-free, Non-GMO
& Hypoallergenic**
Dietary Supplement
90 CAPSULES

Supplement Facts

Serving size 3 capsules
Servings per container 30

	Amount Per Serving	%DV
Zinc (as zinc citrate)	10 mg	91%
Selenium (as selenomethionine)	100 mcg	182%
Sodium (from modified citrus pectin)	50 mg	2%
Potassium (from modified citrus pectin)	70 mg	1%
PectaSol-C [®] modified citrus pectin	1,000 mg	*
Chlorella (<i>Chlorella</i> spp.) powder (cracked cell wall)	300 mg	*
Broccoli (<i>Brassica oleracea italica</i>) sprout concentrate (whole plant) (standardized to contain a minimum of 1,000 mcg sulforaphane)	250 mg	*
N-Acetyl-L-Cysteine (free-form)	300 mg	*
L-Methionine (free-form)	200 mg	*
Alpha lipoic acid (thioctic acid)	100 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

PectaSol-C[®] is a registered trademark of EcoNugenics[®], Inc.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**
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code: **HMC9**