Science tells us—a healthy weight contributes to a healthier life. If you're on that journey, our PureLean® Weight Support pack is a great addition to a positive lifestyle routine that includes a healthy diet and exercise. This pack nourishes your body, may promote healthful eating patterns, and can help with those challenging cravings.^{△1}

- · PureLean® Nutrients, a premium multivitamin/mineral formula, includes special features such as Metabolic GlycoPlex to help support healthy glucose metabolism
- · CarbCrave Complex helps lessen your appetite, helps moderate carbohydrate intake, and may
- promote healthful eating patterns' CarbCrave Complex offers Sensoril⁸ ashwagandha to help strengthen the body's response to stress and fatigue-common triggers for stress-related eating habits'



Scan this QR code to learn more

3 PureLean® Nutrients

3 CarbCrave Complex

Pills not shown to actual size. Natural capsule color variations can occur.

Recommendations: As a dietary supplement.

about our Daily Pure Packs take 1 packet daily (6 capsules), with a meal. ⁶Cravings and appetite are influenced by many factors, only some of which may be affected by the ingredients in this formula. *Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise

Supplement Facts

Servings per container 30

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A (as beta carotene) 1	,125 mcg	125%	Inositol	62 mg	
Vitamin C (as ascorbic acid)	250 mg	278%	Proprietary mixed carotenoid blend	212 mcg	
Vitamin D (as cholecalciferol) (D _s) 25 mcg (1,000 IU)	125%	(as lutein, lycopene, zeaxanthin)		
Vitamin E (as d-alpha tocopherol succinate)	34 mg	223%	5-Hydroxytryptophan	75 mg	
Vitamin K (as vitamin K ₁)	50 mcg	42%	DL-Phenylalanine	375 mg	
Thiamin (as thiamin HCl) (B _i)	12.5 mg	1,042%	Relora®	262 mg	*
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (activated B ₂ I)	17.35 mg	1,335%	patented proprietary blend of: Magnolia (Magnolia officinalis) extract (bark) and phellodendron(Phellodendron amurense)		
Niacin (as niacin and 67% niacinamide)	37.5 mg	234%	extract (hark)		
Vitamin B _s (as pyridoxine HCl and 59% pyridoxal 5' phosphate (activated B _s))	15.3 mg	900%	Sensoril® ashwagandha (Withania somnifera) extract (root and leaf)	112 mg	
Folate (as Metafolin ⁶ , L-5-MTHF) 667 (400 mog L	mcg DFE :5-MTHF)	167%	Rhodiola (Rhodiola rosea) extract (root) (standardized to contain 3%	112 mg	٠
Vitamin B ₁₂ (as methy(cobalamin)	250 mcg	10,417%	total rosavins and 1% salidroside)		
Biotin 1	,500 mcg	5,000%	MacularSynergy Complex*		
Pantothenic acid (as calcium pantothenate) (B _i)	25 mg	500%	ºFloraGLO lutein	3 mg	
Choline (as choline bitartrate)	20 mg	4%	OPTISHARP® zeaxanthin	500 mcg	
Calcium (as calcium citrate)	75 mg	6%	Metabolic GlycoPlex ¹		
lodine (as potassium iodide)	100 mcg	67%	Alpha lipoic acid (thioctic acid)	150 mg	
Magnesium (as magnesium citrate)	75 mg	18%	Cinnamon (Cinnamomum cassia)	50 mg	
Zinc (as zinc citrate)	7.5 mg	68%	extract (dried bark)	25 mg	
Selenium (as selenomethionine)	35 mcg	64%	Lcamosine (beta-alanyl-Lhistidine) Metabolic LipidPlex*	25 mg	
Copper (as copper glycinate)	1 mg	111%	Taurine (free-form)	150 mg	
Manganese (as manganese citrate)	1 mg	43%	Green tea (Camellia sinensis) extract (leaf)	50 mg	
Chromium (as ChromeMate® chromium polynicotinate and as 60% chromium picolinat	500 mcg e)	1,429%	(providing 23% epigallocatechin gallate (EGCG) Pterostilbene		

Daily value (DV) not established

50 mcg

starch, ascorbyl palmitate, silicon dioxide

Other ingredients: vegetarian capsule (cellulose, water), hypo-allergenic plant fiber (cellulose), modified food and corn

Vanadium (as bis-glycinato oxo vanadium)

STORE IN A COOL DRY PLACE PHENYLKETONURICS: CONTAINS PHENYLALANIN

Keep out of the reach of children

Goodness Encapsulated

Our Daily Pure Packs include some of our best-

target specific health needs.

FREE FROM:

Coatings & Shellars

*Except where labeled

selling and unique formulations, carefully selected in

collaboration with nutritional and medical experts to

Our supplements are made using only premium ingredients

suppliers, and are carefully manufactured to ensure they are

backed by verifiable science and sourced from trusted

**Visit PureEncapsulations.com for more information on our GMO policy.

'These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose,

From the premium ingredients that go into each formula to the combination of products found in each pack, we help you address your health from the inside out.



This product was sealed for your protection. Do not use if box or contents are opened or damaged. Contents may not fill package in order to accommodate



Manufactured for: Pure Encapsulations® 490 Boston Post Road, Sudbury, MA 01776













PureLean®

Weight

DESIGNED WITH PURE

HEALTHY WEIGHT

MANAGEMENT[†]

INTEGRITY TO PROMOTE

pure encapsulations

WARNING: Not to be taken by pregnant or lactating women. Take with food, if you have liver problems, consult your health professional before use. Vitamin K may be contraindicated with Coumadin (Warfarin). If you have any health condition or are taking any medication, particularly psychiatric or blood-thinning medications, consult your health professional before use, Do not use concurrently with antidepressants.

treat, cure, or prevent any disease.