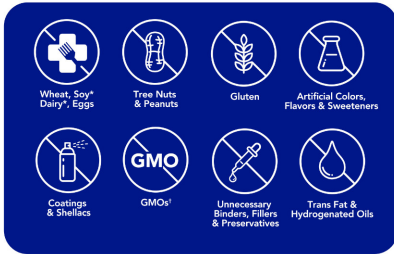


Goodness Encapsulated

Our Daily Pure Packs include some of our best-selling and unique formulations, carefully selected in collaboration with nutritional and medical experts to target specific health needs.

Our supplements are made using only premium ingredients backed by verifiable science and sourced from trusted suppliers, and are carefully manufactured to ensure they are **FREE FROM:**



*Except where labeled
†Visit PureEncapsulations.com for more information on our GMO policy.



Daily Pure Pack Healthy Sleep

SUPPORTS SLEEP QUALITY
TO HELP YOU FEEL RESTED
AND REFRESHED†



Support to Help You Sleep†

Sweet dreams are made of Zzz's, and your nights should be, too. Our specially developed Healthy Sleep pack supports falling asleep and promotes the quality of sleep you need to feel rested, refreshed and ready to start your day. Our Healthy Sleep pack includes:†

- Our Best-Rest Formula, containing melatonin, l-theanine, lemon balm, chamomile and other ingredients to promote the onset of sleep as well as sleep quality†
- Magnesium (glycinate) to promote relaxation†



Scan this QR code to learn more about our Daily Pure Packs

EACH PACKET CONTAINS



2 Best-Rest Formula



1 Magnesium (glycinate)

Pills not shown to actual size.
Natural capsule color variations can occur.

Recommendations: As a dietary supplement, take 1 packet daily (3 capsules), 30-60 minutes before bedtime.

Supplement Facts

Serving size 1 packet (3 capsules)
Servings per container 30

	Amount Per Serving	%DV
Vitamin B ₆ (as pyridoxal 5' phosphate) (activated B ₆)	3.3 mg	194%
Magnesium (as magnesium glycinate)	120 mg	29%
Melatonin	1 mg	*
GABA (gamma-aminobutyric acid)	300 mg	*
L-Theanine (Suntheanine®)	50 mg	*
Valerian (Valeriana officinalis) extract (root) (standardized to contain 0.8% valerenic acids)	400 mg	*
Lemon balm (Melissa officinalis) extract (leaf) (standardized to contain 5% rosmarinic acid)	150 mg	*
Hops (Humulus lupulus) extract (aerial parts)	150 mg	*
Passionflower (Passiflora incarnata) extract (aerial parts) (standardized to contain 3.5% vitexins)	100 mg	*
Chamomile (Matricaria recutita) extract (flower)	100 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), gum arabic, maltodextrin, ascorbyl palmitate, silica

Suntheanine® is a registered trademark of Taiyo International, Inc.

STORE IN A COOL, DRY PLACE.

Warning: Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

Keep out of the reach of children.

This product was sealed for your protection. Do not use if box or contents are opened or damaged.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

From the premium ingredients that go into each formula to the combination of products found in each pack, we help you address your health from the inside out.

**#1
MOST
RECOMMENDED**
brand by healthcare professionals¹

1. Among professional supplement brands surveyed, Nutrition Business Journal® 2016, 2020

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIETARY SUPPLEMENT
30 Packs

pure
encapsulations®

Manufactured for: Pure Encapsulations®,
490 Boston Post Road, Sudbury, MA 01776

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