

## STORE IN A COOL, DRY PLACE.

**Recommendations:** As a dietary supplement, take 2 capsules, 3 times daily, with or before meals.

**Warning:** Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly psychiatric medication, consult your health professional before use. Do not use concurrently with antidepressants. PHENYLKETONURICS: CONTAINS PHENYLALANINE

Keep out of the reach of children.



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



Certified Gluten-Free by the Gluten-Free Certification Organization, [www.gluten.org](http://www.gluten.org)

Scan to learn about our hypoallergenic supplements



**pure**  
**encapsulations**<sup>®</sup>

# CarbCrave Complex

*Helps moderate carbohydrate intake and appetite\**

Gluten-free, Non-GMO  
& Hypoallergenic  
**Dietary Supplement**  
90 CAPSULES

## Supplement Facts

Serving size 2 capsules  
Servings per container 45

	Amount Per Serving	% DV
Vitamin B <sub>6</sub> (as pyridoxal 5' phosphate) (activated B <sub>6</sub> )	3.3 mg	194%
Chromium (as chromium picolinate)	200 mcg	571%
5-Hydroxytryptophan	50 mg	*
DL-Phenylalanine	250 mg	*
Relora <sup>®</sup>	175 mg	*
patented proprietary blend of: magnolia ( <i>Magnolia officinalis</i> ) extract (bark) and phellodendron ( <i>Phellodendron amurense</i> ) extract (bark)		
Sensoril <sup>®</sup> ashwagandha ( <i>Withania somnifera</i> ) extract (root and leaf)	75 mg	*
Rhodiola ( <i>Rhodiola rosea</i> ) extract (root) (standardized to contain 3% total rosavins and 1% salidroside)	75 mg	*

\* Daily Value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), modified food and corn starch, ascorbyl palmitate, silicon dioxide

**RELORA**<sup>®</sup>

Relora<sup>®</sup> & logo are trademarks of Lonza or its affiliates. Relora<sup>®</sup> brand *Magnolia officinalis* and *Phellodendron amurense*.

Sensoril<sup>®</sup> is a trademark of Natreon, Inc. and is protected under U.S. Patent 7,318,938.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**  
490 Boston Post Road, Sudbury, MA

1-800-753-2277 [www.PureEncapsulations.com](http://www.PureEncapsulations.com)

v7

code: **CCC9**