

ANTIAGING

Institute of California

"For Your Health"



B-COMPLEX

Dietary Supplement

60 Capsules

800-370-4080

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving		% DV
Thiamin (Vitamin B-1) (as thiamin HCl)	50 mg	3,333%
Riboflavin (Vitamin B-2)	50 mg	2,941%
Niacin (Vitamin B-3) (as niacinamide, niacin)	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2,500%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	400 mcg	6,667%
Biotin	400 mcg	133%
Pantothenic acid (as d-calcim pantothenate)	100 mg	1,000%
Choline (as choline bitartrate)	50 mg	*
Inositol	50 mg	*
PABA (para-aminobenzoic acid)	50 mg	*

* Daily Value (DV) not established

Other ingredients: microcrystalline cellulose, gelatin, magnesium stearate.

Dosage: Take one capsule a day, or as directed by your healthcare professional.

Storage: Keep bottle tightly closed in a cool and dry place, away from direct sunlight. Refrigeration is recommended. Keep out of reach of children.

Product of USA

Manufactured for:
Antiaging Institute of California
Beverly Hills, CA 90211

Tel: 800.370.4080

Website: www.antiaginginstitute.us

For Optimal Potency

Use by:

Lot No: