

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, children ages 8 and up, take 1 gummy daily, 30-60 minutes before bedtime. Adults, take 2 gummies daily, 30-60 minutes before bedtime.

Warning: Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated with autoimmune disease or for individuals taking corticosteroids.

Keep out of the reach of children.



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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pure
encapsulations®

Best-Rest Gummy

*Triple-action support for relaxation,
sleep onset and restful sleep**

Natural raspberry-tea flavor

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

60 GUMMIES

Supplement Facts

Serving size	1 gummy (2.2 g) (ages 8-18)	2 gummies (4.4 g) (ages 18 and up)
Servings per container	60	30
	Amount Per Serving	%DV
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Calories	5	10
Total Carbohydrate	2 g	<1% [^]
Total Sugars	<1 g	* 1% [^]
Includes <1 g Added Sugars (1 gummy)		
Includes 1 g Added Sugars (2 gummies)		
Vitamin B ₆ (as pyridoxine HCl)	1.5 mg	88%
Sodium	10 mg	<1%
Melatonin (as MicroActive [®] melatonin sustained-release complex)	0.5 mg	* 1 mg ⁺
Lemon balm (Melissa officinalis) extract (leaf)	20 mg	* 40 mg ⁺
L-Theanine	75 mg	* 150 mg ⁺
Berry/fruit blend (organic) strawberry fruit, raspberry fruit, blueberry fruit, tart cherry fruit, pomegranate fruit, cranberry fruit	2.5 mg	* 5 mg ⁺

* Daily value (DV) not established

[^] Percent daily values are based on a 2,000 calorie diet

Other ingredients: isomaltoligosaccharides, purified water, organic cane sugar, pectin, natural raspberry and black tea flavor with other natural flavors, citric acid, hypromellose, sodium citrate, sodium alginate, microcrystalline cellulose, black carrot powder (color), coating (organic sunflower oil, organic carnauba wax), organic stevia leaf extract

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

MicroActive[®] is a registered trademark of BioActives, LLC.

manufactured in Canada for: **Pure Encapsulations**
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