

**STORE IN A COOL, DRY PLACE.
SHAKE WELL BEFORE USE.**

Recommendations: As a dietary supplement, take 1 teaspoon (5 ml) daily, with a meal.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



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our hypoallergenic
supplements



Certified Gluten-Free by the Gluten-Free Certification Organization,
www.gluten.org



B-Complex liquid

*Supports energy metabolism
and a healthy nervous system**

**Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement**

140 ml (4.73 fl oz)

Supplement Facts

Serving size 5 ml (0.17 fl oz) (1 teaspoon)
Servings per container 28

	Amount Per Serving	%DV
Thiamin (as thiamin HCl) (B ₁)	3.5 mg	292%
Riboflavin (as riboflavin 5' phosphate) (activated B ₂)	3 mg	231%
Niacin (formulated with niacinamide)	10 mg	63%
Vitamin B ₆ (as pyridoxine HCl)	4 mg	235%
Vitamin B ₁₂ (formulated with methylcobalamin)	500 mcg	20,833%
Pantothenic acid (as calcium pantothenate) (B ₅)	10 mg	200%
% Daily value (DV)		

Other ingredients: purified water, natural vegetable glycerin, apple juice concentrate, strawberry juice concentrate, natural lemonade and orange flavors, citric acid, xanthan gum, potassium sorbate, purified stevia leaf extract

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured for: **Pure Encapsulations**
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code: **BCL1**