

**STORE IN A COOL, DRY PLACE.**

**Recommendations:** As a dietary supplement, take 1 capsule, 1-4 times daily, before meals, or as directed by a health professional.

**Warning:** See side panel.

**Keep out of the reach of children.**



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our hypoallergenic  
supplements



Use only if safety seal is intact.  
Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization,  
[www.gluten.org](http://www.gluten.org)



5-HTP 50 mg  
(5-hydroxytryptophan)

*Supports brain serotonin levels\**

Gluten-free, Non-GMO  
& Hypoallergenic  
**Dietary Supplement**  
60 CAPSULES

## Supplement Facts

Serving size 1 capsule  
Servings per container 60

	Amount Per Serving	%DV
5-Hydroxytryptophan	50 mg	*

\* Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

**WARNING:** Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly psychiatric medications, consult your health professional before use. Do not use concurrently with antidepressants.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**  
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1-800-753-2277 [www.PureEncapsulations.com](http://www.PureEncapsulations.com)

v8  
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