



Magnesium Chewable

Anti-Stress[†] - Relaxing[†] - Heart[†] - Muscles[†] -
Cell Integrity[†] - Immunity[†] - Bones[†] - Nerves[†]



Raspberry Lemon Flavor

DIETARY SUPPLEMENT • 120 Chewable Wafers

Supplement Facts

Serving Size 4 Wafers
Servings Per Container 30

Amount Per Serving		%DV
Calories	20	
Total Carbohydrate	4g	1%*
Sugar Alcohols	4g	**
Iron	0.25mg	1%
Magnesium (as Mg Citrate, Mg Glycinate, ITM)	336mg	80%
Ionic Trace Minerals (ITM)	50mg	**
A concentrated complex of full-spectrum ionic trace minerals from seawater.		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

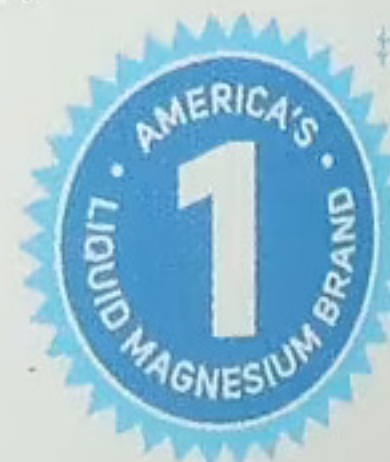
Other Ingredients: Xylitol, sorbitol, natural flavor blend (natural flavor, mixed berry, lemon juice, citrus), microcrystalline cellulose, stearic acid, hypromellose, citric acid, magnesium stearate, Exberry™ color, steviol glycosides, silicone dioxide.

NO KNOWN ALLERGENS. GLUTEN FREE.

Trace Minerals®

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LOT#/BEST BY DATE ON BOTTOM OF BOTTLE.



Suggested Use: Adults and children age 4 and older, chew up to 4 wafers daily. Products high in magnesium may cause a laxative effect. If this occurs, divide the daily number of wafers taken into multiple servings throughout the day. **KEEP OUT OF REACH OF CHILDREN.**

Magnesium is the fourth most abundant mineral in the body and participates in over 300 biochemical reactions.[†] Magnesium also plays a key role in nerve conduction, muscle contraction, bone and tooth formation, metabolism, energy production, and heart and circulatory health.[†] However, research has concluded that 68% of Americans don't consume the Recommended Daily Intake (RDI) of magnesium.

Magnesium Chewable is a great tasting dietary supplement to help you maintain healthy levels of magnesium in your body.[†]

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[†]Source: SPINScan Natural Channel 52 weeks ending 12/3/17.



WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Mag Chewable - RL - 120

