

DIETARY SUPPLEMENT - 90 tablets

Helps avoid electrolyte imbalance, muscle cramps, & dehydration, also known as the "keto flu"†

# Keto Electrolyte Tablets



## Supplement Facts

Serving Size 6 Tablets  
Servings Per Container 15

Amount Per Serving	%DV
Calories	15
Total Carbohydrate	2g 1%*
Vitamin B6 (as Pyridoxal-5-Phosphate)	2mg 118%
Iron (as Iron Glycinate)	5mg 28%
Magnesium (from ITM, Magnesium Glycinate)	250mg 60%
Chloride (from ITM, Sodium & Pot. Chloride)	800mg 35%
Sodium (from Sodium Chloride, ITM)	270mg 12%
Potassium (as Potassium Citrate, Potassium Chloride)	575mg 12%
Ionic Trace Mineral (ITM) Complex	1530mg **
Sulfate (from ITM)	110mg **
Kelp ( <i>Laminaria digitata</i> ) Extract	100mg **
Taurine	100mg **
Alfalfa ( <i>Medicago sativa</i> ) Leaf	50mg **
Boron (from ITM, Boron Citrate)	2mg **

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Other Ingredients:** Stearic acid, microcrystalline cellulose, croscarmellose sodium, hypromellose, magnesium stearate.

**NO KNOWN ALLERGENS. GLUTEN FREE.**

Plus a concentrated complex of full spectrum ionic trace minerals.

Trace Minerals®

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[www.traceminerals.com](http://www.traceminerals.com)



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LOT#/BEST BY DATE ON BOTTOM OF BOTTLE.

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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Keto Electrolyte Tabs - 90 tab



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**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.