



Electrolyte Stamina
PowerPak
1,200 mg vitamin C
+ electrolytes + vitamins/minerals



Pomegranate
Blueberry
EFFERVESCENT

Energy[†] - Immunity[†] - Hydration[†]

naturally flavored
DIETARY SUPPLEMENT
30 - 0.18 oz (5 g) packets
net wt. 5.3 oz (150 g)

When should I take a PowerPak?

- Before, during, and after your workout to help maintain healthy hydration levels and avoid muscle cramps[†]
- After a hot day in the sun
- Every day to maintain energy, vitality, and a healthy immune system[†]
- To avoid occasional sluggishness & fatigue[†]

Why is PowerPak better?

- Better formula: only 1g sugar, and 200mg more vitamin C than the leading brand.
- NO caffeine, artificial flavors, or artificial stimulants.
- Essential electrolytes: Sodium, Potassium, Calcium, Magnesium, and many more from Ionic Trace Minerals.

#TraceYourTravels - #TraceYourDay

Electrolyte Stamina
PowerPak

Suggested Use:

Take 1 packet daily. Open packet, mix contents with 2-3 oz. of water & dilute to your taste preference. Additional packets may be taken depending on physical activity. Some caking may occur, but does not affect the quality of the product.

Supplement Facts

Serving Size 1 packet (5 g)
Servings Per Container 30

Amount Per Serving		%DV
Calories	15	
Total Carbohydrate	4g	1%*
Total Sugars	1g	**
Includes 1g Added Sugars	2%*	
Vitamin C (as Ascorbic Acid)	1200mg	1333%
Thiamin [Vitamin B1] (as Thiamin HCL)	0.45mg	38%
Niacin (Vitamin B3)	5mg	31%
Vitamin B6 (as Pyridoxine HCL)	10mg	588%
Folate (as 20mcg of Folic Acid)	33mcg DFE	8%
Vitamin B12 (as Cyanocobalamin)	25mcg	1042%
Pantothenic Acid (as d-Calcium Pantothenate)	3mg	60%

Amount Per Serving		%DV
Calcium (as Calcium Lactate)	60mg	5%
Magnesium (from Magnesium Oxide, ITM)	100mg	24%
Zinc (as Zinc Oxide)	3mg	27%
Selenium (as Sodium Selenite)	35mcg	64%
Manganese (as Manganese Citrate)	1mg	43%
Chromium (as Chromium Amino Acid Chelate)	10mcg	29%
Chloride (from ITM)	15mg	1%
Sodium (as Sodium Bicarbonate)	75mg	3%
Potassium (from Potassium Citrate, ITM)	200mg	4%
Ionic Trace Minerals (ITM)	100mg	**
A concentrated complex of full spectrum ionic trace minerals.		
Alpha Lipoic Acid	1mg	**
Boron (from Boron Amino Acid Chelate, ITM)	175mcg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.



Other ingredients: Certified organic cane sugar, Non-GMO citric acid, natural flavors blend (grape, pomegranate, blueberry, other natural flavors), gum arabic (*Acacia senegal*) powder, Exberry® Grape Blue (color), malic acid, steviol glycosides, silica.

NO KNOWN ALLERGENS.



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Trace Minerals®
P.O. Box 429 • Roy, Utah 84067
801.731.6051 • www.TraceMinerals.com

#Source: SPINScan Natural Channel
52 weeks ending 7/12/20.



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+ electrolytes + vitamins/minerals



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[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.