



Electrolyte Stamina PowerPak

1,200 mg vitamin C + vitamins/minerals

Energy[†] - Immunity[†] - Hydration[†]



Pineapple
Coconut Flavor
EFFERVESCENT

DIETARY SUPPLEMENT

30 - 0.22 oz (6.1 g) packets - Net Wt. 6.5 oz (183 g)

When should I take a PowerPak?

- Before, during, and after your workout to help maintain healthy hydration levels and avoid muscle cramps[†]
- After a hot day in the sun
- Every day to maintain energy, vitality, and a healthy immune system[†]
- To avoid occasional sluggishness & fatigue[†]

Why is PowerPak better?

- Better formula: only 3g sugar, and 200mg more vitamin C than the leading brand.
- NO caffeine, artificial flavors, or artificial stimulants.
- Essential electrolytes: Sodium, Potassium, Calcium, Magnesium, and many more from Ionic Trace Minerals.

#TraceYourTravels - #TraceYourDay

Electrolyte Stamina PowerPak

Suggested Use:

Take 1 packet daily. Open packet, mix contents with 2-3 oz. of water & dilute to your taste preference. Additional packets may be taken depending on physical activity. Some caking may occur, but does not affect the quality of the product.

Supplement Facts

Serving Size 1 packet (6.1 g)
Servings Per Container 30

Amount Per Serving	%DV
Calories	20
Total Carbohydrate	5g 2%*
Total Sugars	3g **
Includes 3g Added Sugars	6%*
Vitamin C (as Ascorbic Acid)	1200mg 1333%
Thiamin [Vitamin B1] (as Thiamin HCL)	0.45mg 38%
Niacin (Vitamin B3)	5mg 31%
Vitamin B6 (as Pyridoxine HCL)	10mg 588%
Folate (as 20mcg of Folic Acid)	33mcg DFE 8%
Vitamin B12 (as Cyanocobalamin)	25mcg 1042%
Pantothenic Acid (as d-Calcium Pantothenate)	3mg 60%

Amount Per Serving	%DV
Calcium (as Calcium Lactate)	60mg 5%
Magnesium (from Magnesium Oxide, ITM)	100mg 24%
Zinc (as Zinc Oxide)	3mg 27%
Selenium (as Sodium Selenite)	35mcg 64%
Manganese (as Manganese Citrate)	1mg 43%
Chromium (as Chromium Amino Acid Chelate)	10mcg 29%
Chloride (from ITM)	15mg 1%
Sodium (as Sodium Bicarbonate)	75mg 3%
Potassium (from Potassium Citrate, ITM)	200mg 4%
Ionic Trace Minerals (ITM)	100mg **
A concentrated complex of full spectrum ionic trace minerals.	
Alpha Lipoic Acid	1mg **
Boron (from Boron Amino Acid Chelate, ITM)	175mcg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Other Ingredients: Certified organic cane sugar, Non-GMO citric acid, natural flavors blend (pineapple/coconut, natural flavor), steviol glycosides, silica.

NO KNOWN ALLERGENS.



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Trace Minerals®
P.O. Box 429 • Roy, Utah 84067
801.731.6051 • www.TraceMinerals.com

‡Source: SPINScan Natural Channel
52 weeks ending 12/3/17.



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