

# Electrolyte Stamina

1,200 mg Vitamin C + vitamins/minerals

Energy - Immunity - Hydration<sup>†</sup>



Dietary Supplement

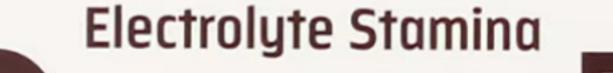
30 - 0.19 oz (5.3 g) packets - Net Wt. 5.6 oz (159 g)

## When should I take a PowerPak?

- Before, during, and after your workout to help maintain healthy hydration levels and avoid muscle cramps<sup>†</sup>
- After a hot day in the sun
- Every day to maintain energy, vitality, and a healthy immune system<sup>†</sup>
- To avoid occasional sluggishness & fatigue<sup>†</sup>

### Why is PowerPak better?

- Better formula: only 1g sugar, and 200mg more vitamin C than the leading brand.
- NO caffeine, artificial flavors, or artificial stimulants.
- Essential electrolytes: Sodium, Potassium, Calcium, Magnesium, and many more from Ionic Trace Minerals.



## PowerPak











#### Suggested Use:

Take 1 packet daily. Open packet, mix contents with 2-3 oz. of water & dilute to your taste preference. Additional packets may be taken depending on physical activity. Some caking may occur, but does not affect the quality of the product.

## Supplement Facts

Serving Size 1 packet (5.3 g) Servings Per Container 30

Amount Per Serving		%E
Calories	15	
Total Carbohydrate	4g	19
Total Sugars	1g	1
Includes 1g Added Sugars		29
Vitamin C (as Ascorbic Acid)	1200mg	1333
Thiamin [Vitamin B1] (as Thiamin HCL)	0.45mg	38
Niacin (Vitamin B3)	5mg	31
Vitamin B6 (as Pyridoxine HCL)	10mg	588
Folate (as 20mcg of Folic Acid)	33mcg DFE	8
Vitamin B12 (as Cyanocobalamin)	25mcg	1042
Pantothenic Acid (as d-Calcium Pantothenate	) 3mg	60

Calcium (as Calcium Lactate)	60mg	5%
Magnesium (from Magnesium Oxide, ITM)	100mg	24%
Zinc (as Zinc Oxide)	3mg	27%
Selenium (as Sodium Selenite)	35mcg	64%
Manganese (as Manganese Citrate)	1mg	43%
Chromium (as Chromium Amino Acid Chelate)	10mcg	29%
Chloride (from ITM)	15mg	196
Sodium (as Sodium Bicarbonate)	75mg	3%
Potassium (from Potassium Citrate, ITM)	200mg	4%
Ionic Trace Minerals (ITM) Electrolytes	100mg	**
Alpha Lipoic Acid	1mg	**
Boron (from Boron Amino Acid Chelate, ITM)	175mcg	**
Percent Daily Values (DV) are based on a 2,00	0 calorie diet.	

\*\*Daily Value not established

ugar, citric acid, natural flavors blend (grape, other tural flavors), ExBerry® grape (natural color), gum rabic (Acacia senegal) powder, malic acid, stevio inerals as found in seawater. CERTIFIED VEGAN.

ON-GMO. ALLERGEN INFO: NO KNOWN ALLERGENS LUTEN FREE





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#TraceYourTravels - #TraceYourDay

hese statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.