

AMERICA'S #1 FASTEST GROWING SUPPLEMENT BRAND

purely^{inspired}

SUPPORTS KETO DIET AND PALEO DIET

Purely Inspired® 100% Pure MCT Oil is packed with medium chain triglycerides (MCTs), a rapidly absorbed energy source. This clean formula supplies capric and caprylic acids and does not have the undesirable fatty acids. It supports the ketogenic diet and is also Paleo diet friendly.

MADE FROM 100% NON-GMO COCONUTS

Purely Inspired® 100% Pure MCT Oil is sustainably sourced from 100% non-GMO coconuts.

BENEFICIAL FATS FOR SUSTAINED ENERGY

Purely Inspired® 100% Pure MCT Oil is easily absorbed and quickly converted into sustained energy in the body rather than stored fat.

The MCTs provide an instant source of energy from clean fat, not sugar, to keep you fueled throughout the day.*

OPTIONS TO ENJOY

Unflavored, Purely Inspired® 100% Pure MCT Oil is easy to mix in any drink or food for sustained energy.*



COFFEE
Blend 1 tbsp. of MCT Oil for sustained energy*



SMOOTHIES
Add 1 tbsp. of MCT Oil and 1 scoop of Purely Inspired® Organic Protein



DRESSINGS
Use MCT Oil to make any dressing or marinade



COOKING
Substitute traditional cooking oils with the flavorless MCT Oil (smoke point 320°F)



purelyinspired.com



PurelyInspiredNutrition

purely^{inspired}

100% PURE MCT Oil

SUPPORTS A KETOGENIC DIET



FROM 100%
COCONUTS



SUSTAINED
ENERGY*



CLEAN FAT
FOR FUEL



BLENDS WITH
COFFEES, TEAS
& SHAKES



31 Servings

FLAVORLESS • ODORLESS

Net Wt. 16 fl. oz. (475mL)

Dietary Supplement

Supplement Facts

Serving Size: 1 Tablespoon (15mL)
Servings Per Container: Approx. 31

Amount Per Serving	% Daily Value
Calories	130
Calories from Fat	130
Calories from Saturated Fat	130
Total Fat	14g 22%*
Saturated Fat	14g 70%*
Medium Chain Triglycerides (MCTs) (derived from coconut oil)	14g †
Supplying:	
Caprylic acid	
Capric acid	

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Ingredients: Medium Chain Triglyceride Oil (from Coconut).

Directions: Take 1 serving (1 tablespoon), once daily. Drink 8 to 10 glasses of water for general good health. Read the entire label before use and follow the directions provided.

WARNING: For adult use only. Do not use if pregnant or nursing. Consult a medical doctor if you have a medical condition or before starting any diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*Based on AC Nielsen data comparing unit and dollar sales percent growth vs. previous 52 weeks ending Feb. 25, 2017.

Do not use if packaging has been tampered with. Do not refrigerate.

Store in a cool, dry place (60°F to 80°F).

Packaged in the U.S.A.

Made in Indonesia.

Distributed by Iovate Health Sciences U.S.A. Inc.

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Suite 1330, Wilmington, DE 19801.

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