

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. Warning: Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin®‡ (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

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Amount per Serving		% DV
Vitamin A (as 50% [675 mcg] beta-carotene, 50% [675 mcg] retinyl acetate)	1,350 mcg	150%
Vitamin C (ascorbic acid)	180 mg	200%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg	100%
Vitamin K (as phytonadione)	150 mcg	125%
Thiamin (as thiamin mononitrate)	20 mg	1,667%
Riboflavin	20 mg	1,538%
Niacin (as niacinamide)	40 mg	250%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,176%
Folate (400 mcg DFE 240 mcg Folic Acid)	100%
Vitamin B12 (as methylcobalamin)	90 mcg	3,750%
Biotin	33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg	400%
Choline (as choline bitartrate)	11 mg	2%
Calcium (as calcium carbonate, dicalcium phosphate) 130 mg	10%
lodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	105 mg	25%
Zinc (as zinc oxide)	11 mg	100%
Selenium (as sodium selenate)	200 mcg	364%
Copper (as copper sulfate)	0.9 mg	100%
Manganese (as manganese sulfate)	5.8 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açaí, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinad	60 mg	**
Mind & Body Energy Blend: Asian Ginseng (root) Extra Eleuthero (root), Ginkgo biloba (leaf) Extract, Gotu K (aerial parts), Rhodiola (root) Extract	act, 30 mg	**

Amount per Serving		% DV
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) Extract, Coenzyme Q10 (ubiquinone-10)	20 mg	**
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine)	20 mg	**
CranRx® Cranberry (fruit) Concentrate	20 mg	**
Daily Greens™ Blend: Spirulina, Kelp, Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella, Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus) (aerial parts), Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass)	20 mg	**
Flax Lignan/Fiber Blend: Flax Lignan (seed) Fiber, Flax Lignan (seed hulls) Extract	20 mg	**
Mushroom Mycelial & Primordia Biomass Defense Blend: Organic Reishi (Ganoderma lucidum), Organic Shiitake (Lentinula edodes), Organic Hiratake (Pleurotus ostreatus), Organic Enokitake (Flammulina velutipes), Organic Maitake (Grifola frondosa), Organic Yamabushitake (Hericium erinaceus), Organic Agarikon (Fomitopsis officinalis), Organic Chaga (Inonotus obliquus), Organic Himematsutake (Agaricus brasiliensis/blazei), Organic Kawaratake (Trametes versicolor), Organic Mesima (Phellinus linteus), Organic Zhu Ling (Grifola umbellata)	20 mg	**
Inositol	10 mg	**
Digestive Enzyme Blend: Betaine HCI, Bromelain, Papain	7 mg	**
Rutin (from Sophora japonica [flower bud] Extract)	5 mg	**
Lutein (from Aztec Marigold [flower] Extract)	1 mg	**

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hypromellose, gelatin, glycerin, brown rice

FREE GLUTEN AND ARTIFICIAL COLORS

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

‡Trademark of its respective company.

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GET THE MOST FROM YOUR MULT!!

Garden Veggies Powder Blend	CranRx* Concentrate	Defense Blend
Cardio Blend	Citrus Bioflavonoid Complex	Daily Greens™ Blend
Digestive Enzyme Blend	Flax Lignan Blend	Mind & Body Energy Blend

BALANCED FOR WOMEN 50+

With High Potency B-Vitamins including the active form of B-12

EYE HEALTH*

Oveband FuniteTH/

Beta-Carotene (Vitamin A)
Vitamins C, E
Lutein, Zinc

HEART HEALTH*

B-Vitamins Vitamins C, E

BONE HEALTH*

Calcium, Folate Magnesium, Manganese Vitamins D3, K

IMMUNE HEALTH*

Selenium, Zinc Vitamins A, C, D3

ENERGY METABOLISM*

B-Vitamins

SKIN HEALTH*

Vitamins A, C, E, Zinc

Alive! multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.