

#1 PHARMACIST RECOMMENDED

VITAMIN &
SUPPLEMENT
BRAND*

NEW
PILL
COLOR

Nature Made

Super B Energy Complex



Helps support
nervous system
function†

60 SOFTGELS

Vital for converting
food into
cellular energy†

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 1 softgel daily with water and a meal.
Store tightly closed, in a cool, dry place, out of reach of children.
Do not use if imprinted seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Thiamin (as Thiamine Mononitrate) 1.5 mg	125%
Riboflavin 1.7 mg	131%
Niacin (as Niacinamide) 20 mg	125%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 2 mg	118%
Folate 665 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B ₁₂ (as Cyanocobalamin) 6 mcg	250%
Biotin 300 mcg	1000%
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	200%

OTHER INGREDIENTS: Soybean Oil, Gelatin, Dibasic Calcium Phosphate, Glycerin, Yellow Beeswax, Rapeseed Lecithin, Colors Added (Including Carmine).

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org
* Based on a survey of pharmacists who recommend branded vitamins and supplements.

- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

CAUTION: Biotin may interact with lab tests. If you are taking medication or planning on undergoing any clinical lab testing, consult your physician before use.

Lot:
Exp.:

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