

# HerbaDiet

Support Restful Sleep

Standardized Extract Powder  
Derived from *Melissa Officinalis* Plant

## LEMON BALM EXTRACT



Dietary Supplement

### SUPPLEMENT FACTS

Serving Size: 500 mg

#### Amount per serving

Lemon Balm Extract Powder **500 mg**

*(Standardized for Herb/Extract ratio of 10:1)*

\*Daily value not established

**Directions:** As a dietary supplement, take up to 1000 mg, or as directed by your physician

**FREE OF** FILLERS, BINDERS, ARTIFICIAL INGREDIENTS,  
DAIRY, SOY, WHEAT, GLUTEN, YEAST

KEEP OUT OF REACH OF CHILDREN.  
Store in a dry, cool & dark.

**WARNING:** This statement has not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Pregnant or lactating women should consult your physician before use.

- Being a natural produce, there can be minor color variations because of geographical & seasonal variation of the raw material.
- Herbal extracts can be hygroscopic & may agglomerate at times. This, in no way, affect the efficacy of the product.

Batch No.: ARK/P/191  
Mfg Date } See bottom  
Exp Date } of the pouch

**fssai**  
Lic. No.: 20817038000547



VEGAN



ETHICALLY  
SOURCED



SCIENTIFICALLY  
TESTED



PREMIUM GRADE  
INGREDIENTS

#### DISTRIBUTED BY:

Arkure Health Care  
11, Sector - 14  
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[www.herbadiet.in](http://www.herbadiet.in)