

SUGGESTED USE:

Take one serving (approx. 1 scoop) of Alpha Amino™, mixed with 8-12 fl. oz. of cold water, juice or sports drink one to two times daily. For enhanced performance on training days, take two servings before and after training. See chart below for usage occasions and benefits. DO NOT EXCEED 4 SERVINGS PER DAY.

Usage Occasion	Servings	Benefits*
Before/During Training	1 - 4	Replenishes Electrolytes to Support Hydration. Helps Decrease Muscle Breakdown (Catabolism).
Post Training	1 - 4	Supports Muscle Protein Synthesis, Lean Muscle, Muscle Recovery and Repair.
Non-Training Days	1 - 2	Replenishes Electrolytes to Support Hydration.

WARNING:

THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use this product if you are pregnant or nursing. Before taking this product, consult a licensed, qualified, healthcare professional, especially if you are taking any other dietary supplement, prescription drug or over-the-counter medication; or, if you suspect you have or have been treated for, diagnosed with, or have a family history of, any medical condition. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if safety seal is broken or missing. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN.

PHENYLKETONURICS: CONTAINS PHENYLALANINE.

NOTE: Alpha Amino™ does not contain aspartame. The phenylketonurics notice is intended for people with the genetic disorder, phenylketonuria.

This product is sold by weight, not volume. The density of the powder varies, and significant settling of powder may occur during shipping and handling. This product contains the servings indicated when measured by weight.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CELLUCOR



ALPHA AMINO

PERFORMANCE BCAAs * **10g PER 2 SCOOPS**

HYDRATION* • RECOVERY* • 0g SUGAR

WATERMELON
NATURALLY AND ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT
NET WT 381g (13.4 oz)

30 SERVINGS



G4 CHROME SERIES

SUPPLEMENT FACTS

Serving Size: 12.7g (Approx. 1 Scoop)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	0	
Total Carbohydrate	<1g	0%**
Total Sugars	0g	†
Phosphorus (as Dipotassium Phosphate, Disodium Phosphate, Dimagnesium Phosphate)	65mg	5%
Magnesium (as Dimagnesium Phosphate)	13mg	3%
Sodium (as Disodium Phosphate)	30mg	1%
Potassium	110mg	2%
Instantized BCAA 2:1:1 Blend	5000mg	†
Instantized L-Leucine, Instantized L-Isoleucine, Instantized L-Valine		
Essential Performance Amino Acid Complex	3750mg	†
Micronized L-Glutamine, Micronized Taurine, Micronized L-Alanine, Micronized L-Citrulline, Micronized L-Arginine, Micronized L-Lysine HCl, Micronized L-Phenylalanine, Micronized L-Threonine, Micronized L-Methionine, Micronized L-Tyrosine, Micronized Histidine		
Alpha Amino™ Hydration Blend	1750mg	†
BetaPower® Betaine Anhydrous (1250mg), Coconut (Cocos nucifera) water powder, Dipotassium Phosphate, Disodium Phosphate, Dimagnesium Phosphate		

†Daily Value (%DV) not established.

Other Ingredients: Citric Acid, Malic Acid, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, Silicon Dioxide, FD&C Red #40.

ALLERGEN WARNING: Contains Tree Nuts (Coconut).

Made in the U.S.A. using strategically sourced domestic and imported ingredients and components.

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