

# HerbaDiet

Natural Sleep Aid

Certified Organic Herb Powder

**ORGANIC  
VALERIAN**



Dietary Supplement

## SUPPLEMENT FACTS

Serving Size: 500 mg

Amount per serving

Organic Valerian Root Powder

500 mg

(*Valeriana Officinalis*)

\*Daily value not established

**Directions:** As a dietary supplement, take up to 1000 mg, or as directed by your physician

**FREE OF** FILLERS, BINDERS, ARTIFICIAL INGREDIENTS,  
DAIRY, SOY, WHEAT, GLUTEN, YEAST

KEEP OUT OF REACH OF CHILDREN.

Store in a dry, cool & dark.

**WARNING:** This statement has not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Pregnant or lactating women should consult your physician before use.

- Being a natural produce, there can be minor color variations because of geographical & seasonal variation of the raw material.
- Supplements can be hygroscopic & may agglomerate at times. This, in no way, affect the efficacy of the product.

Batch No.: ARK/P/312  
Mfg Date } See bottom  
Exp Date } of the pouch



ETHICALLY  
SOURCED



SCIENTIFICALLY  
TESTED



PREMIUM GRADE  
INGREDIENTS

**DISTRIBUTED BY:**

Arkure Health Care  
11, Sector - 14  
Rohtak-124001, Haryana, India

**fssai**  
Lic. No.: 20817038000347

[www.herbadiet.in](http://www.herbadiet.in)