

Herbadiet Organic Psyllium is made with certified organic psyllium husk seed. This full spectrum herb retains all the active constituents in nature intended balanced ratio. Encapsulating this goodness in our quick release, easy to swallow vegan capsules, guarantees you a premium quality nutritional supplement.

- ✓ Maintains Regularity†
- ✓ Boosts Digestive Health†
- ✓ Promotes Heart Health†

† These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE.
DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.

Best Before Two Years From Date of Manufacturing

Batch No: ARK/OPSY/C/01
Mfg. Date: May 2018
Exp. Date: April 2020

CAUTION : If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

NOT FOR MEDICINAL USE



HerbaDiet

100% NATURAL

ORGANIC
PSYLLIUM HUSK

INTESTINAL HEALTH SUPPORT

Ayurvedic Proprietary Medicine



DIRECTIONS FOR USE: As a dietary supplement, take 2 capsules, twice a day, or as directed by your physician

SUPPLEMENT FACTS

Serving Size: 2 capsule

Serving per container : 30

Amount Per Serving

Organic Psyllium Husk Seed Powder (<i>Plantago Asiatica</i>)	800 mg
---	--------

FREE OF FILLERS, BINDERS, ARTIFICIAL INGREDIENTS,
DAIRY, SOY, WHEAT, GLUTEN, YEAST

Suitable For Vegetarians And Vegans
CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

DISTRIBUTED BY:

Arkure Health Care
11, Sector - 14
Rohtak-124001, Haryana, India

www.herbadiet.in