

Glucomannan is a soluble, bulk-forming fiber that can help to maintain intestinal regularity. Glucomannan can be a convenient addition to a weight management plan that includes a healthy diet and exercise program. Encapsulating this goodness in our quick release, easy to swallow vegan capsules, guarantees you a premium quality nutritional supplement

- ✓ Supports Healthy Cholesterol Levels<sup>†</sup>
- ✓ Eases Constipation<sup>†</sup>
- ✓ Promotes Regularity<sup>†</sup>

† These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE.  
DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.

*Dietary supplement shouldn't be used as a substitute for a varied diet*

Batch No: ARK/C/288  
Mfg. Date } See bottom  
Exp. Date } of the bottle

**CAUTION :** If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**NOT FOR MEDICINAL USE**



# HerbaDiet

100% NATURAL

**GLUCOMANNAN**  
WEIGHT MANAGEMENT

Dietary Supplement



**DIRECTIONS FOR USE:** As a dietary supplement, take 3 capsules 1-2 times daily with plenty of water, or as directed by your physician

## SUPPLEMENT FACTS

Serving Size: 3 capsule

Serving per container : 20

### Amount Per Serving

Glucomannan Powder  
(from Konjac Root)

1500 mg

**FREE OF** FILLERS, BINDERS, ARTIFICIAL INGREDIENTS,  
DAIRY, SOY, WHEAT, GLUTEN, YEAST

Suitable For Vegetarians And Vegans  
CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

### DISTRIBUTED BY:

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[www.herbadiet.in](http://www.herbadiet.in)