

Herbadiet's unique blend combines most sought after adaptogenic herbs to help energize your body and mind so you can be up to the challenges of increased mental and physical stress. Encapsulating this goodness in our quick release, easy to swallow vegan capsules, guarantees you a premium quality nutritional supplement.

- ✓ Anti-Stress†
- ✓ Boosts Energy & Immune Health†
- ✓ Anti-Inflammatory†

† These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE.
DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.

Best Before Two Years From Date of Manufacturing

Batch No: ARK/OTAB/C/01
Mfg. Date: May 2018
Exp. Date: April 2020

CAUTION : If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

NOT FOR MEDICINAL USE



HerbaDiet

100% NATURAL
ORGANIC
TURMERIC +
ASHWAGANDHA +
BLACK PEPPER

HERBAL WELLNESS

Ayurvedic Proprietary Medicine



DIRECTIONS FOR USE: DIRECTIONS FOR USE: As a dietary supplement, take 1 capsule, twice a day, or as directed by your physician

SUPPLEMENT FACTS

Serving Size: 2 capsule

Serving per container : 30

Amount Per Serving

Organic Turmeric Root Powder (<i>Curcuma Longa</i>)	400 mg
Organic Ashwagandha Root Powder (<i>Withania Somnifera</i>)	400 mg
Organic Black Pepper Seed Powder (<i>Piper Nigrum</i>)	200 mg

FREE OF FILLERS, BINDERS, ARTIFICIAL INGREDIENTS,
DAIRY, SOY, WHEAT, GLUTEN, YEAST

Suitable For Vegetarians And Vegans
CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

DISTRIBUTED BY:

Arkure Health Care
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www.herbadiet.in