Creatine is naturally produced in the human body from amino acids L-arginine, glycine, and L-methionine primarily in the kidney and liver and transported in the blood to help supply energy to all cells in the body. Encapsulating this goodness in our quick release, easy to swallow vegan capsules, guarantees you a premium quality nutritional supplement.

- ✓ Boosts Muscle Strength & Gains†
- ✓ Accelerates Power & Recovery from Exercise†
- ✓ Enhances Energy Reserves in Muscles†

† These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE.
DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING.

Best Before Two Years From Date of Manufacturing

Batch No: ARK/LCRT/C/01
Mfg. Date: May 2018
Exp. Date: April 2020

CAUTION : If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

NOT FOR MEDICINAL USE

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fssai
Lic. No.: 20817018000147

HerbaDiet

100% NATURAL

L-CREATINE

ENERGY & HEALTHY MUSCLE SUPPORT

Ayurvedic Proprietary Medicine

VEGAN VEGAN VEGAN VEGAN VEGAN

60 V CAPS

DIRECTIONS FOR USE: As a dietary supplement, take 6 capsule a day, or as directed by your physician

SUPPLEMENT FACTS

Serving Size: 6 capsule	Serving per container : 10
Amount Per Serving	
Creatine Monohydrate	3000 mg

FREE OF FILLERS, BINDERS, ARTIFICIAL INGREDIENTS, DAIRY, SOY, WHEAT, GLUTEN, YEAST

Suitable For Vegetarians And Vegans
CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

DISTRIBUTED BY:
Arkure Health Care
11, Sector - 14
Rohtak-124001, Haryana, India

www.herbadiet.in