

Directions: As a dietary supplement, take one (1) tablet daily, preferably with meals or as recommended by a health care professional.

- Keep out of reach of children
- Protect from heat, light, and moisture
- Store at 15-30° C (59-86° F)
- Do not purchase if seal is broken

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Ultimate Nutrition, Inc.
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**ULTIMATE
NUTRITION®**

PLATINUM SERIES

SUPER
Vitamin B
complex

*Helps Replenish Vitamin B Lost
Due to an Active Lifestyle**

Vitamin, Mineral & Herbal Supplement • 150 Tablets

Supplement Facts

Serving Size: 1 tablet
Servings per Container: 150

Amount per Serving	% Daily Value*
Thiamin (as thiamin hydrochloride) 50 mg	3333%
Riboflavin 50 mg	2941%
Niacin (as niacinamide) 50 mg	250%
Vitamin B6 50 mg (as pyridoxine hydrochloride)	2500%
Folic Acid 200 mcg	50%
Vitamin B12 (as cyanocobalamin) 50 mcg	833%
Biotin 150 mcg	50%
Pantothenic Acid 50 mg (from calcium pantothenate)	500%
Choline Bitartrate 50 mg	†
Inositol 50 mg	†
Para Amino Benzoic Acid 50 mg	†

* Daily Values are based on a 2000 calorie diet.
† Daily Values not established

Other ingredients: Alfalfa, Parsley, Soy Lecithin, Watercress, Stearic Acid, Magnesium Stearate, Cellulose, and Silicon Dioxide.
Contains Soy