

Directions: As a dietary supplement, take one capsule before bedtime, or as recommended by a health care professional. Do not exceed one capsule per day.

Warnings:

- Not to be taken by pregnant or lactating women
- Not to be taken by persons with severe allergies or auto immune conditions
- May cause drowsiness
- Keep out of reach of children
- Do not use if seal is broken or missing
- Store in a cool dry place

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**ULTIMATE
NUTRITION®**

PLATINUM SERIES

100% Premium 3mg

Melatonin

**Sleep Aid that Helps
Regulate Internal Clock***

Melatonin Supplement • 60 Capsules

Supplement Facts

Amount per serving: 1 capsule
Servings per container: 60

Amount per serving

Melatonin 3 mg*

* Daily Value not established

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, gelatin, and magnesium stearate.

Distributed by:
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