Directions: Take 1 capsule twice daily, one before breakfast and one before dinner. Drink a full glass of water with each capsule.

Cycling: Take this product as directed for 30 days and then discontinue for 15 days.

Warning: For adult use only. Not for use by women. Consult a physician before using this or any dietary supplement.

JackT" hits hard three ways: Longjack boosts testosterone for a killer workout, and reduces cortisol to prevent muscle loss.* DIM can lower estrogen and raise even more free testosterone.* Ashwagandha can help you grow bigger, stronger arms and chest.* Get JackT" and get jacked!

- Do not use if seal is broken or missing
- Keep out of reach of children
- Protect from heat, light, and moisture
- Store in a cool, dry place; 15-30°C (59-86°F)
- Dispose of container within 30 days of first opening



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size: 1 Capsule Servings per Container: 60

Amount per serving	% Daily Value	
Ashwagandha (Withania Somnifera) Root Extra	300mg act (5% Withanolides)	†
DIM (3,3'- Diindolylmethane)	125mg	†
Longj ack (Eurycoma Longifolia) Root Extr	100mg act (100:1)	†
† Daily value not established		

Other Ingredients: Gelatin, Dicalcium Phosphate, Microcrystalline Cellulose and Magnesium Stearate.







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