

ULTIMATE
NUTRITION®

PLATINUM SERIES

Daily complete formula

Daily
Pre
During
Post
Night

Time Release Complete Multivitamin*

✓ **Rated One of the Best Supplements
For Bodybuilders and Athletes**

Vitamin, Mineral & Herbal Supplement • 180 Tablets

Supplement Facts

Serving size: 6 tablets • Servings per container: 30

	Amount per Serving	%Daily Value*
Vitamin A (as palmitate)	10,000 IU	200%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D3	400 IU	100%
Vitamin E (as d-alpha tocopherol succinate)	200 IU	667%
Thiamin (as hydrochloride)	50 mg	3333%
Riboflavin	50 mg	2941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B12	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (from calcium pantothenate)	50 mg	500%
Calcium (from amino acid chelate)	1000 mg	100%
Iron (from amino acid chelate)	18 mg	100%
Iodine (from kelp)	150 mcg	100%
Magnesium (from amino acid chelate)	500 mg	125%
Zinc (from amino acid chelate)	23 mg	150%
Selenium (as selenomethionine)	70 mcg	100%
Copper (from amino acid chelate)	3 mg	150%
Manganese (from amino acid chelate)	10 mg	500%
Chromium (as chromium polynicotinate)	200 mcg	167%
Potassium (from amino acid chelate)	95 mg	3%
Bioflavonoids (from citrus)	250 mg	†
Glutamic Acid	100 mg	†
Betaine hydrochloride	100 mg	†
Choline (as bitartrate)	50 mg	†
Inositol	50 mg	†
Rutin	50 mg	†
Para Amino Benzoic Acid	30 mg	†
Rose Hips Powder	20 mg	†
Hesperidin	20 mg	†
Acerola	10 mg	†
Boron (from amino acid chelate)	3 mg	†

Other ingredients: Dicalcium phosphate, cellulose, croscarmellose sodium, pharmaceutical glaze, stearic acid, magnesium stearate, and silicon dioxide.

Directions: As a dietary supplement, take six tablets daily, three tablets after breakfast, and three tablets after dinner.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Distributed by Ultimate Nutrition, Inc.
P.O. Box 643, Farmington, CT 06034 USA

www.ultimatenutrition.com

* Daily Values are based on a 2,000 calorie diet. † Daily Values not established.