

DIRECTIONS: Take 1-2 tablets daily, after or between meals, or as directed by a health care professional.

Vitamin D is vital to the absorption of calcium.* Calcium is essential to the strengthening and maintenance of your bones and teeth.* A healthful diet with calcium is essential in achieving peak bone mass and maintaining bone health during adulthood.*

- Do not use if seal is broken or missing
- Keep out of reach of children
- Protect from heat, light, and moisture
- Store in a cool, dry place 15-30°C (59-86°F)

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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GMP
FACILITY



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ULTIMATE
NUTRITION®

PLATINUM SERIES

CALCIUM PLUS

Helps Strengthen
Bones and Teeth*

Vitamin & Mineral Supplement
45 Tablets

Daily

Pre

During

Post

Night

Supplement Facts

Serving Size: 1 Tablet

Servings per container: 45

Amount per serving	%Daily Value*
Vitamin D (as cholecalciferol) 200 IU	50%
Calcium (as carbonate) 500 mg	50%
Magnesium (as oxide) 250 mg	63%
Zinc (as oxide) 10 mg	67%

* Daily Value based on a 2000 calorie diet

OTHER INGREDIENTS: Stearic Acid, Cross-carmellose Sodium, Magnesium Stearate, Hydroxypropyl Methylcellulose, Polyethylene Glycol, Titanium Dioxide (color), Talc.