

Maca (*Lepidium meyenii*) is a radish-like root native to the Peruvian Andes. This powerful adaptogen helps improve energy and endurance.* Gelatinized maca uses a heat-based extrusion process to remove the starch from the root. This results in a more concentrated and easier-to-digest maca powder, especially beneficial for anyone with a sensitive stomach or who has trouble digesting raw starches.

Maca has a pleasantly nutty and malty flavor with hints of butterscotch. A delicious addition to creamy blended coffee drinks, smoothies, homemade sweet treats, and tastes great in anything chocolate.

				
TruGanic™ Sourcing	Eco Facility	Vegan Ethics	Lab Verified	Ecofresh™ Packaging



Curious to know more?
Scan for full product
information.

"I WISH YOU GREAT HEALTH
AND HAPPINESS ALWAYS!"
Dr. Jarneth Sheridan — Naturopath and
Hard-Core Herbal Medicine Researcher

* These statements have not been
evaluated by the Food and Drug
Administration. This product is
not intended to diagnose, treat,
cure, or prevent any disease.



HEALTHFORCE SUPERFOODS®

MACA

GELATINIZED



ADAPTOGEN • ENERGY • IMMUNITY

Dietary Supplement



Net Wt 8oz (227g)

Supplement Facts

Serving Size: 1 tsp (3.4g)

Servings Per Container: about 67

Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	<1%*
Dietary Fiber	<1 g	3%*
Total Sugars	1 g	†
Protein	<1 g	
Iron	0.6mg	3%
Gelatinized Maca Root ^{0∞}	3,400mg	†
<i>(Lepidium meyenii)</i>		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

⁰Organic [∞]TruGanic

Country of Origin: Peru

MANUFACTURED BY:
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WWW.HEALTHFORCESUPERFOODS.COM
CERTIFIED ORGANIC BY OREGON TILT

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Suggested Use:

Adults, start with 1/4 teaspoon and gradually work up 1 tsp daily. Mix with clean water, juices, smoothies, plant-based milks.